

**Department of Health, Physical Education & Exercise Science**

**BACHELOR OF SCIENCE IN EXERCISE SCIENCE**

**Physical Education & Health Education- Teacher Licensure  
Fall 2019 Admission or Later**

Curriculum ID: **BS.EXE.PE**

Total Curriculum Hours: **120**

**FIRST YEAR**

**Semester I**

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
ENG 101	College English I	3
MTH 103	Mathematics	3
PED 170/170H (F, S)	Introduction to Physical Education	3
BIO 100	Biological Science/ General Science	3
BIO 100L	Biological Science Lab	1
SEM 101/101H	Spartan Seminar	1
<b>Total</b>		<b>14</b>

**Semester II**

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
ENG 102	College English II	3
CSC 150	Computer Concepts	3
HED 170 (F, S)	Personal & Community Health	3
PED 151 (F)	Rhythm & Folk Dance	1
PED 158 (F)	Fundamentals of Physical Education	1
****XXX	Social Sciences	3
SEM 102/102H	Spartan Seminar	1
<b>Total</b>		<b>15</b>

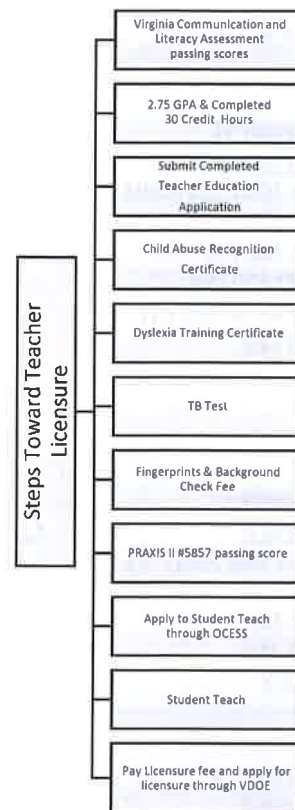
**SECOND YEAR**

**Semester I**

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
ENG 285	Public Speaking	3
PED 133 (F, S, Su)	Beginning Swimming	1
PED 200	Beginner Fitness Through Weight Training	2
EDU 201	Foundation of Education	3
PED 251 (F, S)	Modern Dance	1
PED 261 (F)	Team Sports I: Invasion Games ( <i>PED 158</i> )	1
PED 287 (F)	Human Anatomy	3
PED 287L (F)	Human Anatomy Lab	1
SEM 201/201H	Spartan Seminar	1
<b>Total</b>		<b>16</b>

**Semester II**

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
*** XXX	Humanities	3
PED 220/220H (S)	Evaluation in PE ( <i>General 103 or higher</i> )	3
PED 262 (S)	Team Sports II: Net/Wall & Striking/Fielding ( <i>PED 158</i> )	1
PED 288 (S)	Human Physiology ( <i>PED 287</i> )	3
PED 288L (S)	Human Physiology Lab ( <i>PED 287L</i> )	1
HED 254 (S)	School & Community Health Education Programs ( <i>HED 170</i> )	3
PSY 228	Developmental Psychology	3
<b>Total</b>		<b>17</b>



**\*NOTE: STUDENTS MUST PASS VCLA AND APPLY FOR ADMISSION TO TEACHER EDUCATION AT THE END OF 30 HRS**

VCLA (Reading 235, Writing 235, Composite 470) or SAT after 3/1/16 1170 total score (580 Reading/Writing & 560 Math)

Teacher Education Applications are due by October 15 for spring admissions and March 15 for fall admissions to Teacher Education

PRAXIS Math #5733 & PRAXIS II #5857 (160)

## PHYSICAL EDUCATION

### THIRD YEAR

#### Semester I

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
+HED 368A/368AH (F)	Curriculum & Methods in Health Education ( <i>HED 170</i> )	3
PED 271 (F, S)	Cooperative and Target Games ( <i>PED 158</i> )	1
PED 356 (F)	Kinesiology ( <i>PED 288, 288L</i> )	3
PED 357 (F)	Organization and Administration ( <i>PED 170</i> )	3
PED 365/365H (F, S)	Adapted Physical Education ( <i>PED 288</i> )	3
**XXX	Cultural Perspectives	<u>3</u>
<b>Total</b>		<b>16</b>

#### Semester II

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
PED 300/PED 300H (S)	Advanced Fitness Through Weight Training (PED 200)	2
PED 335/335H (S)	Skill Analysis ( <i>PED 158</i> )	2
PED 362 (S)	Coaching & Officiating (PED 158)	2
+PED 370 (S)	Secondary PE Methods ( <i>PED 365</i> )	3
PED 477/477H (S)	Physiology of Exercise ( <i>PED 356</i> )	3
EDU 381	Classroom and Behavior Management	<u>3</u>
<b>Total</b>		<b>15</b>

### FOURTH YEAR

#### Semester I

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
+PED 380/380H (F)	Elementary PE Methods (PED 365)	3
PED 450/450H (F, S)	Motor Learning ( <i>PED 288 &amp; PED 288L</i> )	3
SED 405	Reading in the Content Areas	3
EDU 486	Human Growth and Development	3
**XXX	Cultural Perspectives	<u>3</u>
<b>Total</b>		<b>15</b>

#### Semester II

<u>Course #</u>	<u>Course Title</u>	<u>Credit Hours</u>
++SED 499/499H	Student Teaching	<u>12</u>
<b>Total</b>		<b>12</b>

*(Course Pre-Requisite)*

+ **Must receive admittance to Teacher Education semester prior to enrolling. Teacher Education Applications are due by October 15 for spring admissions and March 15 for fall admissions to Teacher Education.**

+ **Must receive admittance to Student Teaching the semester prior to enrolling.**

**Must obtain passing scores on PRAXIS Math #5733 (150) & PRAXIS II #5857 (160) to Apply to Student Teaching.**

**\*\*Cultural Perspectives:** (ENG 383/HIS 335/HIS 336/HIS 370/HIS371/HIS 377/POS 315/PSY 340/SOC 237 /HRP 290/HRP 320 and MUS 234)

**\*\*\*Humanities:** (HUM 210/HUM 211/ENG 207/FIA 201/MUS 301 and MUS 324)

**\*\*\*\*Social Sciences:** (SOC 101/HIS 100/HIS101/HIS 102/HIS 103/BUS 175/ECN 200)

**Driver's Education Endorsement:** PED 441 Driver's Education Task Analysis  
 PED 444 Driver's Education (Practical, in Car) (PED 441)  
 PED 443 Driver's Rehabilitation (PED 441 & 444)

**Lifeguarding Certification:** PED 325 (PED 133/134 and/or instructor's approval)