# **SPRING 2025 MOVE-IN GUIDE**

Welcome to the Spartan Residential Experience!

#### WHEN:

First-Time Freshmen/Transfer, & New Graduates: January 15, 2025 @ 10am-6pm

#### Upperclassmen & Returning Students: January 16, 2025 @ 10am-6pm

#### **CHECK IN:**

On move-in day, you may check-in directly at your assigned residence hall. You must present a valid ID as a part of the check-in process. Our <u>Suggested Items to Bring information</u> will acquaint you with recommended and prohibited items. If you choose to arrive to campus after your scheduled check-in date, you may check in daily until the final day of class cancellation.

Any student who has not checked in by the first day of class and who has not notified the Office of Housing & Residence Life of a late arrival will be considered a no-show and may risk losing his or her space.

### **HAVE QUESTIONS?**

Contact the office of Housing & Residence Life at 757-823-8407 or e-mail <u>housing@nsu.edu</u>. We are available from Monday-Friday, 8am-5pm.



## **10 TIPS FOR MOVING IN:**

Added to the usual escalation of stress that comes with academic demands at the beginning of any academic year (or semester), MOVING STRESS only complicates matters. One way of minimizing the nonacademic stress is to do as much as you can, (as early as possible), pack belongings and plan your arrival to NSU.

- 1. Schedule and arrange your trip to NSU in advance!
- 2. Review our <u>Suggested Items to Bring</u> check list to learn what you can & cannot bring.
- 3. Pack similar items together.
- Pack clothing according to the weather conditions throughout the semester. NSU's spring semester does begin with winter and will end in the late spring.
- 5. Pack electronic equipment and other fragile items in the manufacturer's original container and padding.
- 6. Don't forget your chargers/power cords!
- 7. Don't over pack boxes as this will make it too heavy to transport.
- 8. Clearly label all boxes.
- 9. Pack a First-Night Box to include items you'll need.
- 10. Use rolling luggage/handcart for heavy items like books, computer, TV, etc.

