

School Counseling Internship

Definition of Terms

Time Sheet Log

Delivery	Definition
<i>Individual Counseling</i> (Direct)	Counseling service to students that are planned or unplanned to support those experiencing difficulty with relationships, personal concerns or developmental tasks
<i>Group Counseling</i> (Direct)	Counseling service delivered to a group of students who share similar difficulties in handling relationship, personal concerns, developmental tasks or academic development.
<i>Crisis Counseling</i> (Direct)	Counseling that is unplanned and provides immediate prevention, intervention and follow up services to families, students or staff facing emergency situations. Counseling is short-term and may involve referral to outside sources.
<i>Peer Facilitation</i> (Direct/Indirect)	Facilitating or co-facilitating a peer program such as peer mediation, peer helpers, etc. Direct time = time spent with students
<i>Individual/Group Student Planning – Advising</i> (Direct)	Meeting with student(s) to guide them in long-term planning (goal setting) or short-term planning. Planning may include analyzing personal data (interest inventories, achievement tests, grades, etc.) to support realistic goals. Some examples might include: advising on graduation requirements, course selection, career planning, and college advising,
<i>Individual/Group Student Planning – Appraisal</i> (Direct)	Meeting with students to analyze/evaluate their interests, skills, and achievement as it relates to academic, personal/social and career development.
<i>Consultation</i> (Direct)	A service that provides support to students by working directly with their parents/guardians, educators, and community agencies to identifying problems in order to put effective interventions into place. Follow up and data collection to support effectiveness of intervention is encouraged.
<i>Collaboration/Interdisciplinary Curriculum Development</i> (Indirect)	Through teaming with other professionals in the school building and community, school counselors will promote the goals of the counseling program. Stakeholder feedback will be used to shape the direction of the counseling program, make adjustments to a current program and/or initiate new activities/interventions that support student growth in the three domains.
<i>Classroom Guidance</i> (Direct)	Counselors work in classrooms to teach students those skills identified by the counseling program action plan.
<i>School-wide Program Implementation</i> (Direct)	Counselors work outside of the classroom to provide instruction to students in those skills identified by the counseling program action plan. (I.e. career day fairs, service-learning opportunities, college night, etc.)
<i>Parent/Teacher Trainer</i> (Direct)	Counselors provide instruction/training to parents/teachers/staff in the skills needed to support the facilitation of the goals/objectives outlined in the school counseling action plan.

<p><i>Task Meeting Attendee</i> (Indirect)</p>	<p>Attending meetings related to academic planning; which may include school safety, vocational development, school improvement goals, etc. Some examples of activities would be SIT team member, Advisory committee member, etc.</p>
<p><i>Program Management: planning & data collection/analysis</i> (Indirect)</p>	<p>Indirect planning on the part of the counselor to support the direct services provided by the counseling program. Activities in this section might include lesson planning, session planning, data collection, results recording, climate report, portfolio etc.</p>
<p><i>Supervision</i> (Indirect)</p>	<p>Individual supervision provided by site supervisor or supervision provided by the NSU instructor/professor outside of class seminar.</p>
<p><i>Clinical Observations</i> (Indirect)</p>	<p>Observations completed by the counselor to support data collection. Observations might include frequency counts, ABC observations, etc.</p>
<p><i>Professional Development</i> (Indirect)</p>	<p>Opportunities counselors take to acquire better understanding in areas of interest/need. Some examples would be attending professional workshops, reading of professional journals/books, and seminar attendance.</p>