

# Dr. ALICIA TETTEH, LCSW

## EDUCATION

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**DSW** Simmons University, Social Work

May 2023

**MSW** Howard University, Social Work  
Graduated Magna Cum Laude

May 2012

**BSW** Virginia Commonwealth University  
Graduated

May 2010

## HONORS AND AWARDS

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List relevant awards, fellowships, honors, grants, and academic distinctions in reverse chronological order. Include a short description if necessary.

**Top 30 Under 30**

2017

2012

**Howard University Social Work Alumni**  
Graduate grant

## TEACHING EXPERIENCE

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**Simmons College**, Boston, MA

May 2016 to Aug 2016

**Adjunct Professor**, Social Work

- Taught Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building
- Developed quizzes, exams, and homework
- Revised the syllabus to meet accreditation standards
- Coordinated grading and labs with a team of 4 teaching assistants

**Simmons College**, Boston, MA

Sept 2016 to Dec 2016

**Adjunct Professor**, Social Work

- Taught Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building

**Simmons College, Boston, MA** Mar 2017 to June 2017 **Adjunct Professor, Social Work**

- Taught Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building

**Simmons College, Boston, MA**

July 2017 to Oct 2017

**Adjunct Professor, Social Work**

- Taught Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building

**University of North Carolina Charlotte, Charlotte, NC**

Aug 2017 to Dec 2017

**Adjunct Professor, Social Work**

- Taught Introduction to Social Work, an undergraduate course averaging 30 students per semester, covering the following topics: Social work generalist information, rapport building, and foundations to social work

**Simmons College, Boston, MA**

Sept 2017 to Dec 2017

**Adjunct Professor, Social Work**

- Taught 2 sections of Social Work Practice, a graduate course averaging 15 students per semester, covering the following topics: implementation of interventions in social work, transference and countertransference

**Simmons College, Boston, MA**

Nov 2017 to Feb 2018

**Adjunct Professor, Social Work**

- Taught Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building

**Simmons College, Boston, MA**

Jan 2018 to April 2018

**Adjunct Professor, Social Work**

- Taught Advanced Clinical Practice, a graduate course averaging 15 students per semester, covering the following topics: treatment planning, implementing appropriate interventions

**University of North Carolina Charlotte, Charlotte, NC**

Jan 2018 to May 2018

**Adjunct Professor, Social Work**

- Taught Human Behavior II, an undergraduate course averaging 30 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Winthrop University, Rock Hill, SC**

Jan 2018 to May 2018

**Adjunct Professor, Social Work**

- Taught Human Behavior in the Social Environment, an undergraduate course averaging 30 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Simmons College, Boston, MA**

Mar 2018 to June 2018

**Adjunct Professor, Social Work**

- Taught Advanced Clinical Practice, a graduate course averaging 15 students per semester, covering the following topics: treatment planning, implementing appropriate interventions

**Simmons College, Boston, MA**

May 2018 to Aug 2018

**Adjunct Professor, Social Work**

- Taught Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building

**University of North Carolina Charlotte, Charlotte, NC**

Aug 2018 to Dec 2018

**Adjunct Professor, Social Work**

- Taught Introduction to Social Work, an undergraduate course averaging 30 students per semester, covering the following topics: Social work generalist information, rapport building, and foundations to social work

**University of North Carolina Charlotte, Charlotte, NC**

Aug 2018 to Dec 2018

**Adjunct Professor, Social Work**

- Taught Human Behavior II, an undergraduate course averaging 30 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Winthrop University, Rock Hill, NC**

Aug 2018 to Dec 2018

**Adjunct Professor, Social Work**

- Taught Human Behavior in the Social Environment, a graduate course averaging 16 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Simmons College, Boston, MA**

Nov 2018 to Feb 2019

**Adjunct Professor, Social Work**

- Taught Perspectives on Severe Mental Illness, a graduate course averaging 15 students per semester, covering the following topics: treatment of mood disorders, thought disorders, and severe depression

**University of North Carolina Charlotte, Charlotte, NC** Jan 2019 to May 2019

**Adjunct Professor, Social Work**

- Taught Human Behavior II, an undergraduate course averaging 30 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Winthrop University, Rock Hill, NC**

Jan 2019 to February 2019

**Adjunct Professor, Social Work**

- Taught Human Behavior in the Social Environment, a graduate course averaging 16 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Winthrop University, Rock Hill, NC**

May 2019 to June 2019

**Adjunct Professor, Social Work**

- Taught Human Behavior in the Social Environment, a graduate course averaging 16 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Simmons College, Boston, MA**

May 2019 to Aug 2019

**Adjunct Professor, Social Work**

- Taught 2 sections of Assessment and Diagnosing, a graduate course averaging 15 students per semester, covering the following topics: DSM-V, clinical assessments and rapport building

**University of North Carolina Charlotte, Charlotte, NC**

Aug 2019 to Dec 2019

**Adjunct Professor, Social Work**

- Taught Introduction to Social Work, an undergraduate course averaging 30 students per semester, covering the following topics: Social work generalist information, rapport building, and foundations to social work

**University of North Carolina Charlotte, Charlotte, NC**

Aug 2019 to Dec 2019

**Adjunct Professor, Social Work**

- Taught Community Engagement, an undergraduate course averaging 17 students per semester, covering the following topics: community agency functions, generalist social work practice, rapport building

**Winthrop University, Rock Hill, NC**

Aug 2019 to Dec 2019

**Adjunct Professor, Social Work**

- Taught Human Behavior in the Social Environment, a graduate course averaging 16 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Simmons College, Boston, MA**

Sept 2019 to Dec 2019

**Adjunct Professor, Social Work**

- Taught Evidenced- Based Approaches to Social Work Practice, a graduate course averaging 15 students per semester, covering the following topics: implementation of Motivational Interviewing and DBT

**Simmons College, Boston, MA**

May 2020 to August 2020

**Adjunct Professor, Social Work**

- Taught Social Work Practice I: A graduate 3 credit course that explored assessment, engagement, and the intervention process

**Simmons College, Boston, MA**

Sept 2020 to Dec 2020

**Adjunct Professor, Social Work**

- Taught Evidenced- Based Approaches to Social Work Practice, a graduate course averaging 15 students per semester, covering the following topics: implementation of Motivational Interviewing and DBT

**University of North Carolina Charlotte, Charlotte, NC**

Jan 2020 to May 2020

**Adjunct Professor, Social Work**

- Taught Practice Methods I- An undergraduate course focused on the introduction of social work practice at the generalist level

**Winthrop University, Rock Hill, NC**

June 2020 to Aug 2020

**Adjunct Professor, Social Work**

- Taught Psychopathology and Empowerment; a graduate level course exploring the use of the DSM-V, conceptualizing cases and assessing clients

**Winthrop University, Rock Hill, NC**

Aug 2020 to Oct 2020

**Adjunct Professor, Social Work**

- Taught Psychopathology and Empowerment; a graduate level course exploring the use of the DSM-V, conceptualizing cases and assessing clients

**University of North Carolina Charlotte, Charlotte, NC**

Aug 2020 to Dec 2020

**Lecturer, Social Work**

- Taught Social Work Research; a graduate course a part of the curriculum focused on the outline and implantation of research study.

**University of North Carolina Charlotte**, Charlotte, NC Aug 2020 to Dec 2020  
**Lecturer**, Social Work

- Taught Advanced Social Work Practice with Individuals; a graduate level course aimed at the levels of micro level social work practice

**University of North Carolina Charlotte**, Charlotte, NC Aug 2020 to Dec 2020  
**Lecturer**, Social Work

- Taught Trauma and Recovery Theory and Intervention a graduate level elective around working with individuals impacted by trauma on the micro level

**University of North Carolina Charlotte**, Charlotte, NC Aug 2020 to Dec 2020  
**Lecturer**, Social Work

- Taught Introduction to Social Work, an undergraduate course averaging 30 students per semester, covering the following topics: Social work generalist information, rapport building, and foundations to social work

**University of North Carolina Charlotte**, Charlotte, NC Jan 2010 to Mar 2021  
**Adjunct Professor**, Social Work

- Taught Community Engagement, an undergraduate course averaging 17 students per semester, covering the following topics: community agency functions, generalist social work practice, rapport building

**University of North Carolina Charlotte**, Charlotte, NC Jan 2021 to May 2021  
**Adjunct Professor**, Social Work

- Taught Mental health assessment, averaging 30 students. Course covered understanding how to diagnose utilizing the DSM-V

**University of North Carolina Charlotte**, Charlotte, NC Jan 2021 to May 2021  
**Adjunct Professor**, Social Work

- Taught Advanced Social Work in groups- 2 sections, averaging 30 students. Course covered micro level interventions with groups, theories and assessment of groups

**Winthrop University**, Rock Hill, NC May 2021 to June 2021  
**Adjunct Professor**, Social Work

- Taught Human Behavior in the Social Environment, a graduate course averaging 16 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Winston Salem State University**, Winston Salem, NC August 2021 to December 2021  
**Adjunct Professor**, Social Work

- Taught undergraduate BSW students in Intro to social work and research methods.  
Served as academic advisor to 20-30 undergrad students

**Simmons College, Boston, MA**

January 2022 to April 2022

**Adjunct Professor, Social Work**

- Taught Social Work Practice II: A graduate 3 credit course that explored assessment, engagement, and the intervention process

**Winthrop University, Rock Hill, NC**

January 2022 to March 2022

**Adjunct Professor, Social Work**

- Taught Human Behavior in the Social Environment, a graduate course averaging 16 students per semester, covering the following topics: developmental breakdown over the ages, theories related to development

**Winthrop University, Rock Hill, NC**

March 2022 to April 2022

**Adjunct Professor, Social Work**

- Taught Psychopathology and Empowerment; a graduate level course exploring the use of the DSM-V, conceptualizing cases and assessing clients

**Winthrop University, Rock Hill, NC**

August 2022 to December 2022

**Adjunct Professor, Social Work**

- Taught Psychopathology and Empowerment; a graduate level course exploring the use of the DSM-V, conceptualizing cases and assessing clients

**Simmons College, Boston, MA**

August 2022 to December 2022

**Adjunct Professor, Social Work**

- Taught Assessment and Diagnosis: A graduate 3 credit course that explored assessment, engagement, and the intervention process

**Howard University, Washington, DC**

August 2022 to December 2022

**Adjunct Professor, Social Work**

- Teaching Race, Gender and Class at the graduate level asynchronously

**Howard University, Washington, DC**

January 2023 to April 2023

**Adjunct Professor, Social Work**

- Teaching Race, Gender and Class at the graduate level asynchronously  
Teaching Psychopathology at the graduate level asynchronously

**Winthrop University, Rock Hill, NC**

January 2023 to April 2023

**Lecturer, Social Work**

- Teaching Social Policy and welfare face to face

- Serving as Advisor to Association of Black Social Workers
- Teaching Leadership and Empowerment asynchronously at the graduate level

**Howard University, Washington, DC**

May 2023 to August 2023

**Adjunct Professor, Social Work**

- Teaching Race, Gender and Class at the graduate level asynchronously
- Teaching Psychopathology at the graduate level asynchronously

**Winthrop University, Rock Hill, NC**

August 2023 to December 2023

**Lecturer, Social Work**

- Teaching Human behavior face to face
- Teaching Capstone asynchronously
- Teaching Leadership and Empowerment asynchronously at the graduate level

**Howard University, Washington, DC**

January 2024 to May 2024

**Adjunct Professor, Social Work**

- Teaching Differential Diagnosis at the graduate level synchronously
- Teaching Social Work Practice at the graduate level synchronously

**Winthrop University, Rock Hill, NC**

January 2024 to August 2024

**Lecturer, Social Work**

- Teaching Human behavior I asynchronously
- Teaching Capstone asynchronously

**Howard University, Washington, DC**

August 2024 to December 2024

**Adjunct Professor, Social Work**

- Teaching Race, Gender and Class at the graduate level asynchronously
- Teaching Psychopathology at the graduate level asynchronously

**Norfolk State University**

August 2024 to December 2024

**Assistant Professor, Social Work**

- Teaching Human behavior I face to face
- Teaching Differential Assessment face to face

## **PRESENTATIONS AND INVITED LECTURES**

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### **Workshop**

“It’s All About Me,” Beauty Standard

“Handling Cyberbullying,” Delta Sigma Theta Sorority, Union County

“Life After High School,” KIPP Charter School

“Identifying Triggers and Vicarious Trauma,” Black Therapists Rock  
“Millennial Life Transitions,” Urban League Young Professionals  
“Identifying Red Flags,” Behind the Lipstick  
“Addressing Cultural Biases in Mental Health,” Bank of America Black Professionals Group  
“Decreasing the Stigma,” Wells Fargo  
“Microaggressions,” Charlotte Country Day School.  
“Intersection between Substance Use and Mental Health,” Trinity Episcopal School  
“Self-care in the Workplace,” Belk Headquarters  
“Cultural Proficiency” Boys and Girls Club of Charlotte  
“Cultural Proficiency” Foster Village Charlotte  
“Cultural Proficiency” NASW NYC  
“Exploring an Anti-Racist Clinical Supervision Framework” NASW NC Fall Conference

## **PROFESSIONAL TRAINING**

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### **Certified Financial Social Worker**

August 2024

### **National Association of Social Work Clinical Supervisor Training**

May 2020

### **Eye Movement Desensitization and Reprocessing**

Roy Kiessling, Tybee Island, 2019

Description: learned the model to implement EMDR treatment to adults

### **Registered Yoga Teacher**

Arrichion, Charlotte, 2017

Description: learned the purpose and foundation for administering beginner’s level yoga

### **Family Centered Treatment**

Pinnacle Family Services, Charlotte, 2016

Description: learned the model to implement family centered treatment on an in home basis

### **Trauma Informed Cognitive Behavioral Therapy**

Didi Hirsch, Los Angeles 2014

Description: learned the assessment and treatment for children impacted by trauma

## **PROFESSIONAL AFFILIATIONS**

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National Association of Social Workers, 2010

member

National Association of Black Social Workers, 2010 member

## COMMUNITY SERVICE

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### **Hashtag Lunch bag**

Participant, Charlotte, 2016

### **Sanctuary Charlotte Church**

Young Adult Ministry leader, Charlotte, January 2019

### **Girls on the Run Los Angeles Coach,**

Los Angeles, 2013

## Publications

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Tetteh, A. (2023). *Black Faculty Do It All: A Moment in Life of a Blackademic*. Information Age Publishing.

Tetteh, A., Richardson, L., Carter, D., Myrick, M., Misson, B. (2025). Ain't I a mother: maternal health, psychological and ethical implications of reproductive injustice for women of color. *Phillis: The Journal for Research on African American Women*.

Tetteh, A. (2025 Forthcoming). Where is my Voice. In M. Constance-Huggins, & E. Pate (Eds.), *Critical Race Theory in Action: Knowledge and Application in Social Work Practice*. Cambridge.

Livingston, V., Jackson-Nevels, B., Brown-Meredith, E., Campbell, A., Mitchell, B. D., Riddley, C., Tetteh, A. O., Reddy, V. V., & Williams, A. (2025). Poverty, Allostasis, and Chronic Health Conditions: Health Disparities Across the Lifespan. *Encyclopedia*, 5(1), 16. <https://doi.org/10.3390/encyclopedia5010016>