



Norfolk State University

I _____ (name) understand that my participation in the CSET Health and Science Summer Academy and any associated activities, physical or otherwise, is voluntary and at my own risk and comes with an inherent possibility of physical injury and/or death or loss or damage to personal property. I understand that accidents can occur. In consideration for being permitted to participate in the CSET Health and Science Summer Academy and its activities, I voluntarily and fully assume all risks, hazards, and dangers associated with such participation. I understand and acknowledge that the waivers, releases, and indemnification clause in this Legal Release Form expressly apply to all risks, hazards, and dangers, both known and unknown, and waive all claims against Norfolk State University and other persons as set forth below. I understand that I am solely responsible for any costs arising out of any bodily injury or property damage sustained through my participation in activities associated with the CSET Health and Science Summer Academy. I am carrying personal health and accident insurance.

I do hereby release and discharge Norfolk State University, the Commonwealth of Virginia and the employees, directors, governing boards, agents, contractors, sponsors, representatives and any other persons or entities acting on their behalf, and the successors and assigns for any and all of the aforementioned persons and entities, from any and all claims, demands, lawsuits, liabilities, and causes of action or demands of whatever nature, including claims of negligence, whether presently known or unknown, relating to injury, disability, death or other harm, to person or property or both, which might, for any and all of the aforementioned persons and entities, arise from my participation in the swimming lessons or activities associated with it.

I hereby agree to indemnify, defend and hold harmless Norfolk State University, the Commonwealth of Virginia and the employees, directors, governing boards, agents, contractors, sponsors, representatives and any other persons or entities acting on their behalf, and the successors and assigns for any and all of the aforementioned persons and entities, from and against all claims, damages, suits, liabilities losses and expenses arising from or resulting from any personal injury and/or damage to personal property as a result of my participation in the CSET Health and Science Summer Academy.

READ, UNDERSTOOD AND AGREED TO THIS _____ DAY OF _____, 20____

Signature of Parent/Participant/
Volunteer:

Signature _____

Printed Name _____