

NORFOLK STATE UNIVERSITY
UPWARD BOUND PROGRAM

Cultural Enrichment Activities



Educational Study Tours



Summer Instruction



Tutoring



Academic Counseling



College Enrollment Preparation



Consistent Parent Involvement



The Road to Academic Excellence!

Norfolk State University

Upward Bound Program

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Norfolk, Virginia 23504-8060

Office: (757) 823-2344



Trio: Upward Bound Program



Norfolk State University
is an Affirmative Action/
Equal Opportunity University



Upward Bound



Program



PURPOSE OF THE PROGRAM

Norfolk State University Upward Bound provides fundamental support to students seeking college entrance. The program provides opportunities for participants to improve pre-college performance and ultimately succeed in higher education pursuits. Upward Bound serves high school students from low income families and/or students in which neither parent holds a bachelors degree, and low-income, first generation who are preparing to enter postsecondary education. The goal of Upward Bound is to increase the rate at which participants complete secondary education, enroll in and graduate from institutions of postsecondary education.

PURPOSE OF THE PROGRAM

Upward Bound is a federally funded program that provides intensive academic and personal support designed to motivate and prepare high school students for undergraduate studies. The program consists of two components:

- ⌘ **An Academic Component**
(which convenes on Saturdays during the academic year)
- ⌘ **A Summer Residential Component**
(which convenes for six weeks) Academic services include: Academic Skills Development, Counseling, Tutorial Services, Field Trips and Cultural Enrichment Activities

Both sessions are conducted on the campus of Norfolk State University.

REQUIREMENTS AND PROCEDURES FOR APPLYING

The GPA requirements are as follows:

Grade Level	GPA
9 th	2.30
10 th	2.33

Students must attend one of the following public high schools in the city of **Norfolk** or **Portsmouth**...

Booker T. Washington High School
Granby High School
Lake Taylor High School
Maury High School
Norview High School

Churchland High School
I.C Norcom High School
Woodrow Wilson High School,

...and have a strong desire to pursue postsecondary education. All students must either be from low-income families and/or be potentially a first-generation college student.

Transportation to and from program is **NOT** provided by the Upward Bound Program.



Complete an application today!
Applications may be obtained
from your school counselor or online.

Note: Open enrollment is held during the month of February and October

Please submit the following documentation along with your completed application:

- ∞ Income verification: parent's(s') or guardian's(s') 1040 Form, or public assistance statement.
- ∞ Official school transcript.
- ∞ Counselor & teachers recommendation forms.
- ∞ Recent physical and medical forms (due only upon acceptance into program.)
- ∞ Parent permission form from the back of application.
- ∞ Copy of insurance or Medicaid card.