

Course Syllabus for PED 280-Norfolk State University-Fall 2006
Introduction to Physical Education-3 credit hours
Monday, Wednesday, Friday-10:00 Echols Hall Rm. 120

“Preparing competent, compassionate, cooperative and committed leaders.”

Instructor: Donna M. Canary, Ed.S.

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Office Hours: 7:15-8:00 Mon.-Fri., 9:30-10:00 Tues./Thurs.

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Course Description: This course is designed to familiarize the student with historical, philosophical, educational, psychological, biological, sociological, and career emphases related to the field of physical education.

Course objectives:

Upon completion of this class, students will be able to:

1. Trace the history and impact of physical education leading into the 21st century.
2. Discuss the sociological impact of the field of physical education on the American culture.
3. Explore the impact of racism, sexism, elitism and Title IX on the field of physical education.
4. Examine the unique elements of elementary, middle, high school physical education as well as health education.
5. Discuss career opportunities in the field of physical education.
6. Discuss current testing practices for future teacher licensure.
7. Review and discuss NASPE's standards for physical education.
8. Discuss and participate in professional activities such as the Major's Club or VAHPERD conference.

Textbook: Lumpkin, Angela. (2005) *Introduction to Physical Education, Exercise Science, and Sport Studies* (6th ed.). McGraw-Hill.

Methods of Instruction: Students will engage in instruction through teacher prepared lecture, discussion and tests; student presentations, observations, outside reading, professional activities, and the development of a personal philosophy of education.

Weekly Outline:

Week 1: 8/21-Introduction/information sheets/ syllabus

8/23-Discussion of NASPE standards

8/25- Discussion of NASPE standards

Week 2: 8/28-Chapter 1-Dynamic Fields

8/30-Chapter 1 continued

9/1-Chapter 2-Exercise and Sport Sciences

Week 3: 9/4-No Class

9/6- Chapter 2 continued

9/8-Chapter 3-The Profession

Week 4: 9/11-Chapter 3 continued

9/13- Class off for observations

9/15-Test 1

Week 5: 9/18-Chapter 4-Philosophy

9/20-Chapter 4 continued

9/22-Chapter 5-Selecting a Career

Week 6: 9/25-Chapter 5 continued; **Philosophy due**

9/27-Chapter 6-Preparation for a Career

9/29-Class off for observations

Week 7: 10/2-Chapter 6 continued

10/4-Test 2

10/6-Chapter 7-Sport in the Ancient World

Week 8: 10/9-Chapter 7 continued

Mid term grades due

10/11-Chapter 8-Early American Physical Education

10/13-Class off for observations

Week 9: 10/16-Chapter 8 continued

10/18- Chapter 9-20th Century Physical Education

10/20-Chapter 9 continued

Week 10: 10/23-Test 3

10/25-Chapter 10-Opportunities and Challenges

10/27-Chapter 10 continued

Week 11: 10/30-Chapter 11-Issues in Sports

11/1-Chapter 11 continued

11/3-No class VAHPERD conference

Week 12: 11/6-Chapter 12-Living Active

11/8-Chapter 12 continued

11/10-Test 4

Week 13: 11/13-Class off observations

11/15-Writing lesson plans; **Professional Activity due**

11/17-Book Discussion-Cracking the Praxis

Week 14: 11/20-Presentations

11/22-Reading Day

11/24-Thanksgiving Break

Week 15: 11/27-Presentations; Evaluations of observations due

11/29- Presentations

12/1- Presentations

Final exams week of 12/2-12/8-Schedule TBA

Grading: All students are expected to adhere to the University's honor code in completing all assignments.

All assignments are to be neatly typed in proper format using correct grammar. All work should be cited as necessary.

Attendance: 10%

Final exam: 10%

Class tests: 40%

Presentation: 10%

Professional activities and observations: 20%

Personal philosophy of Physical Education: 10%

*Extra credit will be available periodically; schedule is subject to change at the discretion of the instructor.

The university is aware of the need to make accommodations for students with disabilities. If you feel you need assistance with this, please contact the instructor as soon as possible.

Grading Scale:

A	100-98	B+	94-88	C+	79-78	D+	69-68
A-	97-95	B	87-85	C	77-75	D	67-65
		B-	84-80	C-	74-70	D-	64-60
						F	below 60

Other course requirements:

No electronic devices such as cell phones or beepers are allowed in class. They must be off and secured in a closed area.

If a student is to miss class to represent the university, the student must notify the instructor in advance so that class assignments can be made up in a timely manner.

Students are expected to attend each scheduled class and arrive on time in order not to interrupt other students.

Make up work is at the discretion of the instructor, and assignments are due on scheduled dates as outlined on the syllabus. If assignments are not received by the end of that class period, a letter grade penalty will apply. If assignments are not received within 24 hours of that class period, the assignment will NOT be accepted unless there is an approved physician's excuse.

Bibliography:

Colvin, A., Markos, N., Walker, P., (2000) Teaching the Nuts and Bolts of Physical Education: Building Basic Movement Skills. Human Kinetics.

Dauer, V., Pangrazi, R. Dynamic Physical Education for Elementary Children. (6th ed.) Burgess

Graham, G. (2005). Teaching Children Physical Education: Becoming a Master Teacher. (2nd ed.) Human Kinetics.

Graham, G., Holt/Hale, S., Parker, M. (2006). Children Moving: A Reflective Approach to Teaching. (7th ed.) McGraw Hill.

Kovar, S., Combs, C., Campbell, K., Napper-Owen, G., Worrell, V. (2007). Elementary Classroom Teachers as Movement Educators. (2nd ed.) McGraw Hill

Lumpkin, A. (2205). Introduction to Physical Education, Exercise Science, and Sport Studies. (6th ed.) McGraw-Hill.

NASPE. (2004). Moving into the Future: National Standard for Physical Education. (2nd ed.) McGraw-Hill.

<http://www.aapherd.org>

<http://www.vapherd.org>