

Gerontology Certificate Program

Six Exciting Modules

Education Center

Module 1 - Survey of Gerontology

- Essential of Gerontology/Geriatrics
- Current Issues in Aging
- Special Topics in Gerontology/Geriatrics

Module 2 - Biological Aspects of Aging

- Principles of Physical Activity
- Nutrition
- Diseases
- Managing Difficult Behaviors

Module 3 - Psychological Aspects of Aging

- Issues of Spirituality
- Depression
- Death & Dying
- Grief and Bereavement

Module 4 - Social/Cultural Issues

- Psychosocial Issues
- Diversity and Socialization

Module 5 - Legal/Political Issues

- Legal Issues
- Financing Longevity
- Community Resources

Module 6 - Ethics and Seniors

- Ethics of Responsible Care Giving
- Effective Communications
- Service Learning

Classes each Saturday
9:00 a.m. - 2:00 p.m.
April 10, 2010—May 15, 2010
Virginia Beach Higher



Cost \$950.00

To Register Contact:
Virginia Beach Higher Education Center
1881 University Drive
Virginia Beach, VA 23453
Telephone 757-368-4150
Email: vbhec@nsu.edu
Website: www.nsu.edu/vbhec

With this certificate program you will gain a framework to better understand the social, lifestyle, and healthcare needs of the rapidly growing population of older adults.