IMPORTANT HRL-RELATED DATES

Mar. 1st: $300 Housing Deposit Deadline for all current NSU students

Mar. 1st: Traditional residence halls close for Spring Break at 7:00 p.m.

Mar. 10th: Traditional residence halls re-open from Spring Break at 10:00 a.m.
DID YOU KNOW…that Black History Month began as Negro History Week in 1926? Dr. Carter G. Woodson is considered by many as the “Father of Black History” because he founded the celebration. People often wonder why Black History Month is observed in February. Some even go as far as to assume the month was “given” sarcastically to African-Americans because it is the shortest month of the year. However, it is important to note that Dr. Woodson, himself, chose the second week in February to observe Negro History Week because it coincided with the birthdays of Abraham Lincoln and Frederick Douglass. Therefore, the selection of February was completely intentional. Since Gerald Ford in 1976, every American President has recognized February as Black History Month.

Here at Norfolk State University, there are a plethora of events you may attend in observance of this special occasion which honors Black History. More specifically, because you are a member of our Spartan Residential Family, we invite you to attend and/or participate in the following events on our Housing & Residence Life calendar for the month. We hope to see you there!
HRL CELEBRATES BLACK HISTORY WITH SLATE OF EVENTS

February 1-28, 2019
Black History Month Trivia – Daily
Posted on Housing & Residence Life Social Media Outlets and in each Residential Community

February 1-15, 2019
Black History Month Essay Contest
Essay Topic: “What Were the Three (3) Most Significant Events in Black History? (Please Explain)” - 750 Words; Prizes Awarded to Winning Essays
Essays must be submitted via email to housing@nsu.edu no later than 11:59 p.m. on February 15, 2019
Winners Announced February 20, 2019

February 5, 2019
KAHOOT.IT!!! Black History Interactive Game Show (Be sure to bring your cell phone with you!!!)
7:00 p.m.
Student Center 149

February 13, 2019
Black History Scavenger Hunt
4:30 p.m.
Student Services Center 309 (Starting Point)

February 18, 2019
HRL Night at the Basketball Games vs. North Carolina A&T
5:30 p.m. Women’s Game (featuring halftime trivia contest with all questions focusing on Black Women), followed by Men’s Game at 8:00 p.m.
Joseph G. Echols Arena

February 19, 2019
Club Candlelight: Poetry Slam (co-sponsored by Thompson Hospitality)
9:00 p.m.
Spartan Station

February 25, 2019
HRL Gives to Others: Community Service (Midday Reading to NSU’s Children Community)

For a complete listing of the NSU Black History Month Calendar of Events, please visit https://www.nsu.edu/www-nsu-edu/blackhistory.aspx.
RESOLUTIONS FOR SPRING

GREAT GOALS FOR YOUR CONSIDERATION

Many experts now suggest that we should not make “new year’s resolutions”, but rather, we make goals we would like to achieve for the upcoming year. Below is a list of the “lucky 5” goals that will help you have an awesome spring semester. It is NEVER too late to set goals for yourself. Therefore, we invite you to please consider the following.

(1) Go to Class. Whether your professor checks attendance or provides points for participation should not be the determining factors for going to class. Think about the money you are spending in your tuition dollars. In addition, as a student, it is your “job” to go to class. How can you possibly do your job (i.e. get good grades) if you do not show up for work?

(2) Be Specific About the Number of Hours of Sleep Each Night. Merely saying “I want to get more sleep” is vague and does not offer a commitment. However, saying “I want to get 7 hours of sleep each night” is firm and you will more likely plan your day and evening so you can achieve that number of hours per night that you set for yourself.

(3) Manage Your Co-Curricular Involvement. As noted in point number one above, your job each day as a student is to go to class. Your “side hustle” to enhance your Spartan campus experience is your involvement in activities outside of the classroom. Attend campus events, join a club or organization (such as the Residence Hall Association, RHA), participate in intramural activities, etc., but make sure that involvement does not overshadow your academics. Strive to GRADUATE!

(4) Finish Your Papers and Assignments At Least One Day Early. Typically, your professors provide you with the deadlines for submitting your papers and other assignments for the entire semester on the syllabus you receive for each course. So as of January 11th, you knew when your papers and major assignments are due. Strive to have those academic requirements completed in advance of their due dates so you would not have the stress and anxiety of rushing to complete those assignments “just before” the due date. Pace yourself, my friend.

(5) Create (or Update) Your Resume. It is never too early to start thinking about your career after graduation. If you do not have a resume, feel free to utilize the campus resources at your fingertips, including Career Services. There, you will find dedicated professionals who can assist you in preparing to get that dream job after you leave NSU. And as a final note about Career Services, mark your calendar for March 20th, which is the date of the Spring Semester Career Expo. You’ll need several copies of your resume, as well as professional attire, for that event. More details regarding the Career Expo will be posted campuswide as the date approaches.

Obviously, there are lots of goals you may consider setting for yourself. These are just a few we thought we would share with you as begin the spring semester. Remember – we want you to have a great semester with lots of fun and memories to last a lifetime, but more importantly, we want you to persist in your degree program and become a proud member of the Spartan Alumni Family. BEHOLD!

Sources: https://www.thoughtco.com/new-years-resolutions-for-college-students-793358
Hey Spartan...Could you be next?!

What do the following persons have in common?

* Adam Sadler, New York University – Actor

* Hillary Clinton, Wellesley College – Former First Lady, Former Secretary of State, and 2016 Presidential Candidate

* Wesley Snipes, SUNY Purchase – Actor

* Katie Couric, University of Virginia – Former Host of NBC’s Today Show, Former Host of CBS Evening News, and Correspondent for 60 Minutes

* Mike Ditka, University of Pittsburgh – NFL Standout and Coach of Super Bowl XX Champions Chicago Bears

Answer: During their college experience, they each served as a Resident Assistant (RA). The Office of Housing & Residence Life is looking for students who are passionate about impacting the lives of other students as we work to enhance the Spartan Residential Experience for all who choose to live on campus. We welcome applications from candidates who are willing to commit to and rise to the challenges of the RA position.

The benefits you will gain from the RA position are just as varied as they are numerous. In addition to great leadership development and experience, as well as a host of skills and competencies you can add to your resume, tangible benefits of the position include a scholarship award that totals the cost of room and board (Meal Plan 14) that is applied to your student account for each semester of service as an RA.

To learn more about the Resident Assistant position, simply speak with any Housing & Residence Life team member, including, but not limited to, your Resident Director, Graduate Assistant, or Resident Assistant. Applications for the 2019-2020 Resident Assistant Selection Process are still being accepted. The deadline for submitting applications is February 21, 2019. Simply visit our website or refer to the email sent to all residential students from housing@nsu.edu on February 11. Our selection process also includes interviews and successful completion of the Resident Assistant Leadership Academy. Be sure to check the Housing & Residence Life web page for the link to access the RA Application. There, you will also review the application requirements, primary duties and responsibilities of the position, and other pertinent details. Our RA Selection timeline is below.

February 11: Application process resumes. Please check your email or visit https://www.nsu.edu/residentiallife/join-our-team and click on the RA tab to receive a copy of the application.

February 21: Deadline. All application materials due in the Office of Housing & Residence Life before 5:00pm for ALL RA applicants. All applicants must sign up for an interview date in the Office of Housing & Residence Life when submitting their application. A confirmation email will be sent to all applicants who are eligible for the interview round of the selection process based on the requirements noted in the application.

February 25-28: Interviews with the Housing & Residence Life Recruitment Team.

March 16: Group Process Day Activities. 12:00pm-7:30pm. Candidates should dress in business-casual attire. While we want candidates to be comfortable, please keep in mind this is a component in the selection process.

March 20-April 17: 2019-2020 RA Leadership Academy (All sessions are mandatory. Sessions will be held on Wednesdays from 6:00pm-8:30pm and Saturdays from 12:00pm-5:00pm).

April 18-23: RA Recruitment Team reviews all candidate packets.

May 10: Email communication sent to all applicants regarding selection decisions.

May 22: Signed acceptance letters are due in the Office of Housing & Residence Life by 5:00pm.

July 28-August 9: RA Training (MANDATORY)
The following Resident Assistants submitted their bulletin boards for judging for the month of November.

Ashley Artis (Rosa Alexander Hall)
Dejah Charles (Rosa Alexander Hall)
Magnus Martin (Babbette Smith South)
JaBre Randall (Babbette Smith North)
Antonia Young (Rosa Alexander Hall)

And the Winner is: Antonia Young!!!

The following Resident Assistants submitted boards for judging for the month of January.

Shelton Chapman (Babbette Smith South)
Sierra Claud (Samuel Scott Hall)
Ashley Floyd (Midrise Residential Honors College)
Ahnika Gantt (Samuel Scott Hall)
Jasmine Gissentanna (Lee Smith Hall)
Morgan Herring (Rosa Alexander Hall)
Savan Matthews (Rosa Alexander Hall)
Winter Miller (Lee Smith Hall)
Anthony Reynolds (Babbette Smith South)
Jada Thomas (Lee Smith Hall)
N'dea Williams (Samuel Scott Hall)
Kennie Wray (Samuel Scott Hall)
Antonia Young (Rosa Alexander Hall)

And the Winner is: Antonia Young!!!
Upcoming Events...

February 2019

REMAINING ACTIVE PROGRAMS IN THE RESIDENTIAL COMMUNITIES FOR THE MONTH

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<th>Sunday</th>
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<td>Black in Latin America 8:00pm Babette Smith South RA Desean Hannah Booked on a Budget 7:30 p.m. Lee Smith Hall RA Crystal Johnson</td>
<td>The Game of Life 7:00 p.m. Samuel Scott Hall RA Kenzie Wray</td>
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<td>Black Card Revoked 6:30 p.m. Lee Smith Hall RA Jasmine Cleoeminen</td>
<td>Scoared Straight 6:00 p.m. Babette Smith South RA Desean Hannah How to Prepare for the Career Expo: Before the Expo, During It, and After 7:30 p.m. Junior Commons Room (Middle Hall) Participants are entered into a drawing!!!</td>
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NSU
It's Coming...Battle of the Residence Halls Step Show!!!

Sign up TODAY! See your Resident Director for more details.

Friday, April 19th at Joseph G. Echols Arena
**TIPS TO HELP YOU SLAY THAT TEST!**

Generally speaking, the best way to get that "A" on your test is to prepare for it. That means studying (NOT CRAMMING) for it, attending any review sessions your professor may have leading up to the test, visiting your professor during his/her office hours to request additional assistance, utilizing the "study buddy" system, and reviewing your homework assignments, quizzes, class notes, and your textbook. All of these steps will help you prepare for your test and should play a major role in your receiving the grade you want on your test.

Below are seven types of tests and seven statements/tips. Your task is to match the tip with the test it represents. Ready..Set..GO!

<table>
<thead>
<tr>
<th>Test Type</th>
<th>Tip</th>
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<tbody>
<tr>
<td>(1) ESSAY</td>
<td>Answer the easy questions that you know of the top of your head first, then go back and answer the questions where you need to reference your source.</td>
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<td>(2) MULTIPLE CHOICE</td>
<td>When you get your exam, write down all the key formulas on the margin of your paper so if you forget them when you're in the middle of the test you can look back at the formula.</td>
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<td>(3) OPEN BOOK</td>
<td>Use flashcards; write the key terms, dates and concepts on the front and the definition, event, and explanations on the back.</td>
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<td>(4) ORAL</td>
<td>If you are using a computer or other equipment for your exam, test it out several times and make sure everything is the way you want it to be.</td>
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<td>(5) QUANTITATIVE MATH</td>
<td>If there is no guessing penalty, then guess. You have a 50% chance of getting the right answer.</td>
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<td>(6) SHORT ANSWER</td>
<td>Make an outline. This way you will be more organized and fluid. If you happen to run out of time, many instructors will give you partial credit for the ideas that you have outlined.</td>
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<td>(7) TRUE/FALSE</td>
<td>Eliminate answers you know aren't correct.</td>
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**Correct Responses:**

Be sure to visit https://www.testtakingtips.com/test/gentest.htm for more test-taking tips!
YOUR RESIDENCE HALL ASSOCIATION IS HERE FOR YOU! RHA IS YOUR VOICE AS A SPARTAN LIVING IN OUR RESIDENCE HALLS.

Here's what your RHA reps have accomplished!

* The Laundromat at Spartan Station will be open on the weekends.

* All of the card readers in the laundry rooms are in the process of being upgraded. The laundry company has been testing the readers each week when they do their walkthrough and they have not had anything on their reports. So we need your help: please be specific about the machine and time that a read error is happening so we can have the issues better diagnosed and addressed.

* The change machine needs a part that is on order. That was on the 1/30/19 report. We anticipate a delivery date soon.

* The laundry contract expires in June and we would love to have someone from RHA serve on the committee. We are exploring the possibility of having top load washers, larger washers in Spartan Station Laundromat, and possibly all-inclusive (free wash/dry).
SATURDAY, FEBRUARY 16TH SAW THE RETIREMENT OF KYLE O'QUINN'S JERSEY AT JOSEPH G. ECHOLS MEMORIAL HALL. WHILE AT NSU, HE PLAYED IN 129 GAMES, AVERAGING 12.5 POINTS, 8.5 REBOUNDS, 2.19 BLOCKS, AND SHOT .553 (610-1,104) FROM THE FIELD.

Join us in congratulating our fellow Spartan!

Housing & Residence Life salutes the basketball great AND NSU alum, Kyle O'Quinn, on this wonderful occasion! BEHOLD!

#10 CENTER

NSU: 2008-2012