

# What will I need in an event of a natural disaster?

This is a list of suggested items to bring in an event of a natural disaster. You can click on check-box to select what you have packed then print this listing for later.

## FIRST AID KIT

- Two pairs of latex or sterile gloves
- Sterile dressings
- Disinfecting & cleansing soap/towelettes
- Antibiotic ointment
- Burn ointment
- Adhesive bandages (various sizes)
- Eye wash solution to flush the eyes or as general decontaminant.
- Thermometer
- Prescription Medications

## TOOLS

- Paper plates & cups, plastic utensils
- Non-electric can opener
- Plastic garbage bags & ties

## PERSONAL HYGIENE ITEMS

- Dental care (toothpaste, floss, mouthwash, etc.)
- Comb & brush
- Soap
- Contact lens supplies
- If you wear glasses: keep an extra pair with your disaster supplies.
- Feminine supplies

## ADDITIONAL CLOTHING

- Raincoat & umbrella
- One complete change of clothing & footwear:
- Long-sleeved shirt
- Long pants
- Undergarments
- Closed-toed shoes or boots

**NOTE:** Your kit should be adjusted based on your own personal needs. Do not include candles, weapons, toxic chemicals or controlled drugs unless prescribed by a physician.